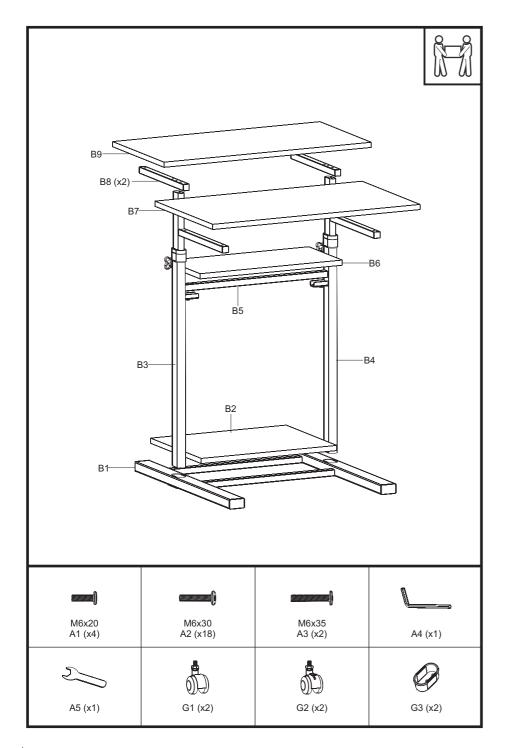
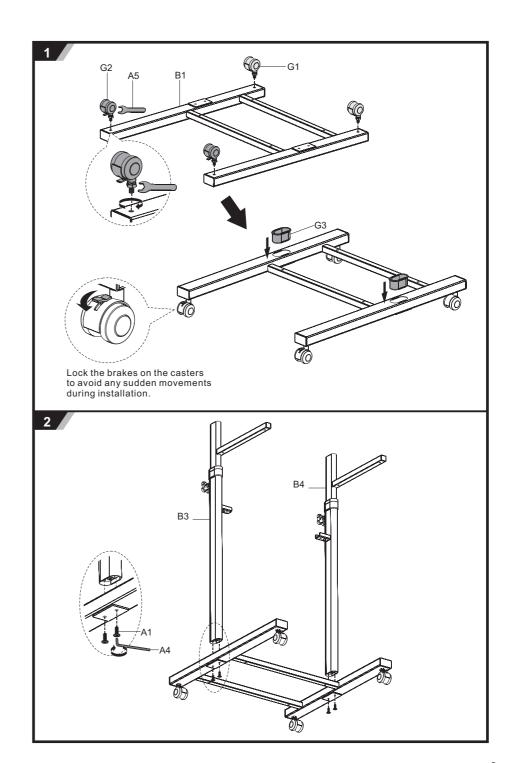


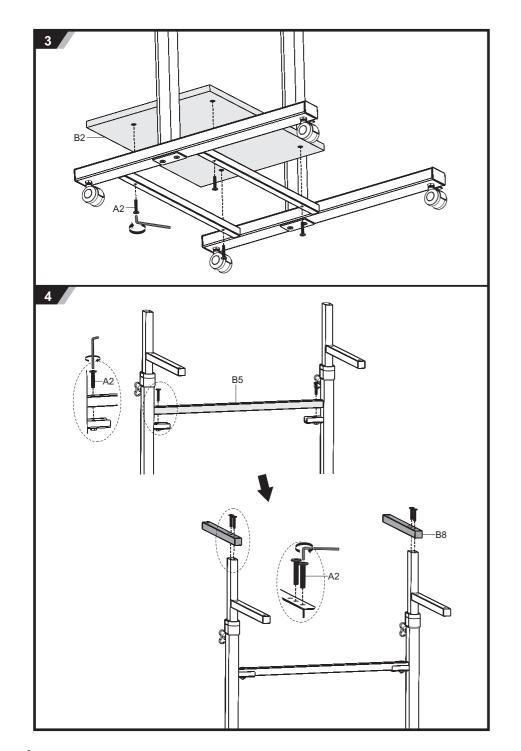
## Mobile Sit-Stand Workstation

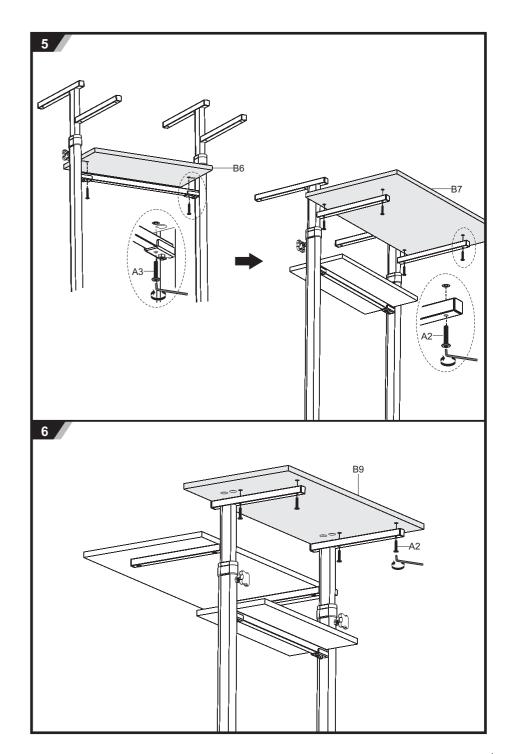
**ASSEMBLY INSTRUCTIONS** 

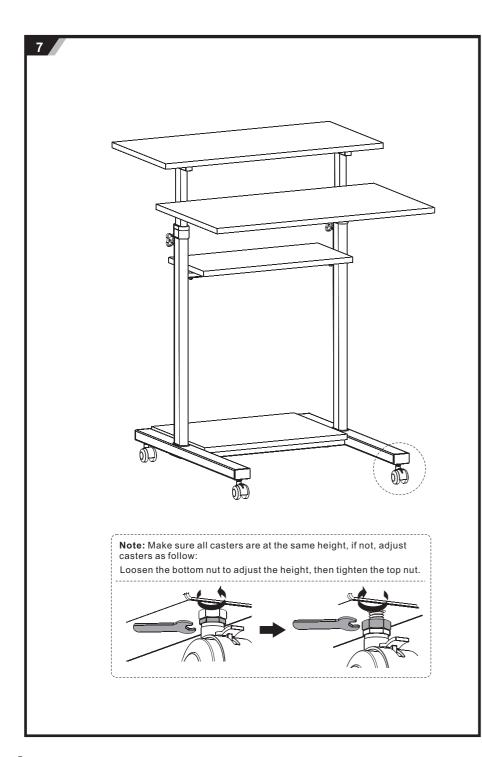


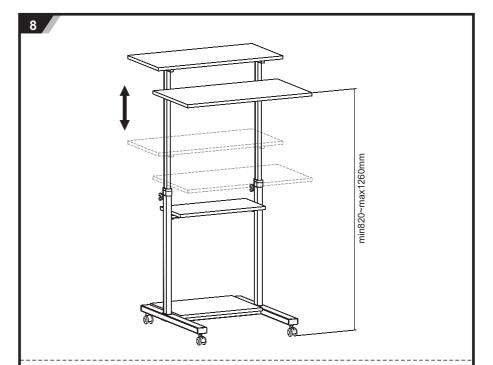


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## To lift the desk

- 1. Loosen the knobs
- 2. Firmly hold the desktops and lift it to desired height until a "click" sound is heard Note: When the mark MAX is found on the legs, it indicates that you have reached the highest setting and do not continue to lift.

  3. Tighten the knobs.

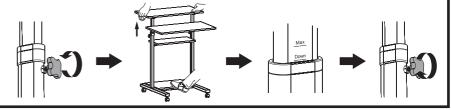


## To lower the desk

- 1. Loosen the knobs
- 2. Lift the desk directly to the top height until the mark Down is found on the legs, then lower it slowly to the
- 3. Repeat the lifting steps to your desired height.

## Note:

- Please do not put anything on the desktops when adjusting the desk height.
   Make sure a "click" sound is heard which indicates the height is fixed securely.



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